

















PICYS and partners wish to acknowledge the assistance of staff from all the agencies mentioned in this resource for providing the information included and responding to points of clarification and confirmation prior to the finalisation and distribution.

We acknowledge that any information can quickly be dated, and that individuals' experiences at services can vary.

We hope any future updated edition will include an increase in suitable, safe, secure, affordable accommodation and housing options for young LGBTIQ+ and gender diverse people.

Thank you to all the good people involved in this project.

### **ANDREW HALL** PICYS EXECUTIVE OFFICER



Produced by PICYS, 2019 PO Box 1062, West Leederville, WA 6901 WWW.PICYS.ORG.AU

Design by Nadine Wright Toussaint





## **INDEX**

### **HOMELESSNESS SERVICES**

- PAGE 1 Crisis Short Term Accommodation Services
- PAGE 2 Medium and Long Term Transitional Accommodation
- PAGE 3 Support for Young People facing Homelessness

### RESOURCES FOR SUPPORTING LGBTIQ+ Young People's Wellbeing

- PAGE 3 General support for LGBTIQ+ young people
- PAGE 5 Support for families and carers of LGBTIQ+ young people
- PAGE 5 Resources and Research
- **PAGE 6** Significant Days or Events

# RESOURCES FOR SUPPORTING TRANS YOUNG PEOPLE'S WELLBEING

- PAGE 7 Gender marker change info
- PAGE 8 Medical Transition Services
- PAGE 8 Pronouns

# **HOMELESSNESS SERVICES**

#### **KEY**



LGBTI - targeted accommodation support



Will respect identity and pronouns



Can provide single-person housing



Can provide multiple-person housing



Can provide two-person housing



Can provide single-person room in accommodation service



Supplies gender-neutral accommodation



Will put YP where they feel comfortable out of two gendered wings

### **CRISIS SHORT TERM ACCOMMODATION SERVICES**

AYLA (Assisting Your Life to Achieve Inc.) **Copelands** 

08 9414 7286

www.avlainc.org.au

10 McKinnon St, Cockburn Central, WA 6164 LGBTQI+ youth crisis and transitional accommodation service, in the City of Cockburn, Residents also receive services from their Wellness Centre to assist in

overcoming hardships they may be facing.

#### YShac (Anglicare WA)



www.anglicarewa.org.au/get-help/housingand-homelessness/v-shac

Y-Shac Rockingham

08 9523 3400

yshac.rockingham@anglicarewa.org.au Y-Shac Spearwood

08 9412 0673

vshac.spearwood@anglicarewa.org.au

Y-Shac assists young people aged between 15-20 years old who are homeless or at imminent risk of homelessness in crisis accommodation and 16 - 25 year olds who are in transitional housing.

#### **TINOCA**





08 9307 4520

www.youthfutureswa.org.au/homelessness -services-tinoca

Crisis accommodation service in Perth's northern suburbs for young people aged 15-19 who are experiencing homelessness or are unable to stay in their family home.

#### **Indigo Junction Youth Services** 08 9274 5382



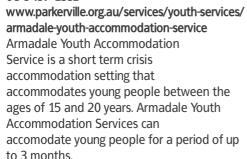


youth@indigojunction.org.au www.indigojunction.org.au

Emergency and community housing with 24hr support form youth workers for 15-25 year old young people in Midland.

### AYAS (Armadale Youth Accommodation Service)

08 9497 1351



#### Youth Accommodation Support Services (Mission Australia) 08 9329 4480



yasswa@missionaustralia.com.au www.missionaustralia.com.au/servicedirectory Young people aged 15 to 18 who are homeless or at risk of homelessness, who require crisis or transitional accommodation.

# MEDIUM AND LONG TERM TRANSITIONAL ACCOMMODATION

PICYS 08 9388 2791 info@picys.org.au www.picys.org.au



22 Blencowe St, West Leederville, WA 6007
Provides the HouseHold Network (HHN) and
PILLAR programs to support young people
experiencing homelessness. HHN provides
medium to long term supported
accommodation in the West Leederville and
near by suburbs in housing for young people
aged 16 to 25 who are at risk of homelessness or homeless. PICYS also offer Base Camp
and Base Camp aGender – open drop-in
times.

AYLA (Assisting Your Life to Achieve Inc.)
Copelands
08 9414 7286

www.aylainc.org.au

10 McKinnon St, Cockburn Central, WA 6164
LGBTQI+ youth crisis and transitional
accommodation service, in the City of
Cockburn. Residents also receive services
from their Wellness Centre to assist in
overcoming hardships they may be facing.

Foyer (Anglicare WA)

1800 185 685 or 08 6240 7200
hello@foyeroxford.org.au
www.foyeroxford.org.au
196 Oxford St, Leederville, WA 6007
Foyer Oxford is a cutting edge youth housing service that offers medium to long term supported accommodation
for young people aged 16 to 24 who are in full-time education, training or employment.

## YES Housing (Anglicare WA) 08 9263 2009



yeshousingduty@anglicarewa.org.au www.anglicarewa.org.au/get-help/housing-and-homelessness/yes!-housing YES! Housing (Youth Externally Supported Housing) helps young people aged 15 to 25 who are homeless or at risk of homelessness to access and maintain stable, longer term housing with added support to develop independent living and tenancy skills. This is done through case planning and advocacy that is totally unique so young people are supported to achieve their goals.

#### Youth Accommodation Support Services (Mission Australia) 08 9329 4480



yasswa@missionaustralia.com.au www.missionaustralia.com.au/servicedirectory Young people aged 15 to 18 who are homeless or at risk of homelessness, who require crisis or transitional accommodation.

# SUPPORT FOR YOUNG PEOPLE FACING HOMELESSNESS

Street Connect (Anglicare WA) 0418 942 475

www.anglicarewa.org.au/get-help/ youth-services/street-connect

During the day the Street Connect Mobile resource Centre is located in Perth CBD. Please call to find location on the day. Street Connect aims to make connections with marginalised young people who gather regularly in public places, or are sleeping rough and engage them in positive life changes.

Passages Youth Engagement Hub 08 9228 1478 passages@svdpwa.org.au www.passages.org.au 143 Edward Street, Perth, WA 6000 Passages is a youth engagement hub providing a non-judgemental safe space

Passages is a youth engagement hub providing a non-judgemental safe space to our communities most marginalised and at risk young people in Perth and Peel. Young people aged 12 to 25 have a safe, friendly and positive place to access support and referrals to essential services

Base Camp aGender at PICYS 08 9388 2791

info@picys.org.au | www.picys.org.au 22 Blencowe St, West Leederville, WA 6007

A monthly drop-in space for trans and gender diverse young people who are experiencing homelessness. It's a place to be with peers and be themselves in a safe and supportive space.

YouthBeat (Mission Australia) 08 6212 8700

youthbeatwa@missionaustralia.com.au www.missionaustralia.com.au/servicedirectory Provides safety, information and guidance for young people at risk and connects them with local community services, family and peers through mobile outreach to young people in the Northbridge and inner city areas. Youthbeat can provide counselling and goal setting, and runs a recreation program for young people on Thursday and Friday nights.

Crossroads West Transitional Support Service 08 9328 1600

tss@aus.salvationarmy.org www.salvationarmy.org.au/locations/ western-australia/our-services/ crossroads-west

Level 3, 333 William St, Northbridge, WA 6003 Support for young people 15 to 25 in the transition between care and full independent living.

# RESOURCES FOR SUPPORTING LGBTIQ PEOPLE'S WELLBEING

# GENERAL SUPPORT FOR LGBTIQ YOUNG PEOPLE

TransFolk of WA admin@transfolkofwa.org www.facebook.com/TFolkWA www.transfolkofwa.org

TransFolk of WA provide a range of peer-led support and information services for gender diverse individuals and their families. They provide safe and inclusive spaces, social events and personal development opportunities for gender diverse people. Private Facebook groups are available to connect with peers online. Groups targeted are trans women, trans men, non-binary folk, trans folk under 18 and parents and carers of trans folk. TransFolk of WA also keep a detailed referral list for medical transition referral options.

Freedom Centre (under 26) 08 9228 0354 info@freedom.org.au www.freedom.org.au 93 Brisbane St, Perth, WA 6000

Freedom Centre provides peer support, information and referrals for LGBTIQ young people through their safe social drop-in space, retreats and other services. Open Wednesdays 5-8pm, Fridays 4-8pm and other times of the month. GenderQ 5-8pm on the first Thursday of the month is for trans and gender diverse people only.

#### **Headspace**

#### www.headpsace.org.au

Information on mental health and LGBTI diversity, local LGBTQI groups (currently 'Safe Space' in Midland and 'hQ Space' in Joondalup) and counseling, and online and telephone support and chat counseling through eheadpace.

Cockburn Youth Diversity Alliance
08 9411 3888
youth@cockburn.wa.gov.au
www.cockburn.wa.govau/Recreation-andAttractions/Whats-On/Youth-Diversity-Alliance
25 Wentworth Parade, Success, WA 6164
Provides a social support group of
sexualities and genders ensuring the inclusion
of all and is open to all LGBTQIA young people
aged 15 to 24 on Fridays 5-7pm during school
terms.

'Unique As' at The Zone Youth Space 9236 4550 zone@kwinana.wa.gov.au www.kwinana.wa.gov.au/our-services/youth-services

Come along to our social group for LGBTQ+ young people. Hang out, meet new people, and get involved in the awesome activities. This FREE program is every Monday, 5pm to 8.30pm, and suits ages 13 to 24. For more info, contact the Zone Youth Space.

#### Olife

1800 184 524

ask@qlife.org.au | www.qlife.org.au | National telephone and web counselling service for LGBTIQ people and their supporters. Qlife exists to enable lesbian, gay, bisexual, transgender and intersex communities to work towards better health, including mental health. Telephone and online support is available 3pm-midnight

#### YouthLink

everyday.

1300 362 569 / 08 9227 4300
www.youthlink.perthwa.net
223 James Street, Northbridge, WA 6003
YouthLink assists young people, aged 13 to 24
years of age, who experience difficulties with
their emotional or social well-being. They are
a free and confidential counselling service,
with experienced support workers who are
friendly, non-judgemental and understanding.
They focus on enhancing the mental health
and well being of young people that are
marginalised and disadvantaged, particularly
those who are experiencing insecure
accommodation and are trans and gender
diverse.

Rainbow Community House 0447 012 202 info@rainbowch.org www.rainbowch.org 134 Edward St, Perth, WA 6000 Counselling for LGBTIQ young people.



# **Bisexual+ Community Perth** www.facebook.com/groups/bicommperth

A facebook group that is intended to be a safe place for people of all genders who are not gay or straight (we use "bisexual" as an umbrella term for that) to engage in respectful discussion, connect with people, and form community. They organise regular events and meet ups.

### Androgen Insensitivity Syndrome (AIS) **Support Group Australia**

www.aissga.org.au

The Androgen Insensitivity Syndrome (AIS) Support Group Australia Inc. is a peer support, information and advocacy group for people affected by AIS and/or related intersex variations and variations of sex characteristics, and their families. (Note that intersex is also known as a Disorder of Sex Development or DSD).

#### **Other Community Groups**

There are also a range of community groups listed here:

www.outinperth.com/community-groups

### SUPPORT FOR FAMILIES AND **CARERS OF LGBTIO YOUNG PEOPLE**

**PFLAG WA** 0404 594 699 info@pflagwa.org.au www.pflagwa.org.au

A volunteer run, non-profit organisation in Western Australia, providing a support system for families and friends of people who are lesbian, gay, bisexual, transgender or intersex (LGBTI), along with education and advocacy in the community. They offer peer support through their phone line and support group meetings held every second month in West Perth.

Androgen Insensitivity Syndrome (AIS) Support Group Australia (see above)

#### TransFolk of WA admin@transfolkofwa.org www.facebook.com/TFolkWA www.transfolkofwa.org

TransFolk of WA provide a range of peer-led support and information services for gender diverse individuals and their families. Private facebook groups are available to connect with peers online. Groups targeted are trans women, trans men, non-binary folk, T-Juniors and parents and carers of trans folk.

Freedom Centre 08 9228 0354 www.freedom.org.au 93 Brisbane St. Perth WA 6000

Provides peer support, information and referrals for LGBTIQ young people (under 26) through their safe social drop-in space. retreats and other services. Junior Freespace is for LGBTIQ young people under 18 and their families

Olife 1800 184 524 ask@glife.org.au www.glife.org.au

National telephone and web counselling service for LGBTIQ people and their supporters. 3pm-midnight everyday.

### RESOURCES AND RESEARCH

#### **LGBTI Housing & Homelessness Projects** www.lgbtihomeless.org.au

Pride Foundation Australia (formerly the Gay and Lesbian Foundation of Australia) and University of Melbourne based research and resources - doing collaborative research and co-designed projects to address housing and homelessness in the LGBTIQ community.

#### LGBTI Language and inclusion

- www.lgbtihealth.org.au/lgbti
- www.lgbtihealth.org.au/communities
- www.lgbtihealth.org.au/ inclusivelanguage guide.pdf

LGBTI Rights and inclusion
Australian Government Guidelines on the
Recognition of Sex and Gender

- www.ag.gov.au/Publications/Pages/ AustralianGovernmentGuidelinesontheRecognitionofSexandGender. aspx
- www.ag.gov.au/Publications/
   Documents/AustralianGovernment GuidelinesontheRecognitionofSexand Gender/AustralianGovernmentGuide linesontheRecognitionofSexandGender.
   pdf

#### **Inclusive Data Collection**

- ▶ lgbtihealth.org.au/resources/lgbti-data
- www.ihra.org.au/forms

#### Intersex

- www.ihra.org.au/allies
- www.ihra.org.au/forms
- www.ihra.org.au/style
- www.ihra.org.au/wp-content/uploads/ key/Employer-Guide-Intersex-Inclusion. pdf
- The primary research on intersex people in Australia:
  - www.interactadvocates.org/wp-content/uploads/2016/01/Intersex-Stories-Statistics-Australia.pdf
- ► Fixing Sex by Katrina Karkazis (book)
- ► Golden Boy by Abigail Tarttelin (book)
- ▶ Intersexion (film)
- Orchids: My Intersex Adventure (film)

Trans and gender diverse young people
The primary research on trans and gender
diverse young people in Australia:
www.telethonkids.org.au/our-research/
brain-and-behaviour/mental-health-andvouth/youth-mental-health/trans-pathways

#### SIGNIFICANT DAYS OR EVENTS

World Day of Social Justice – 20 February www.un.org/en/events/socialiusticeday

Trans Day of Visibility – 31 March www.transstudent.org/tdov

IDAHoBIT – 17 May www.idahobit.org.au www.dayagainsthomophobia.org

Wear It Purple Day – 30 August www.wearitpurple.org

Bisexual Visibility Day – 23 September www.bivisibilityday.com

Coming Out Day - 11 October

International Pronouns Day – 16 October www.pronounsday.org

Asexual Awareness Week – 20-26 October www.aceweek.org

Intersex Awareness Day – 26 October www.intersexday.org

LGBT History Month – October www.lgbthistorymonth.com

Intersex Day of Solidarity – 8 November www.intersexday.org

Trans Awareness Week - 12-19 November www.glaad.org/transweek

Trans Day of Remembrance - 20 November www.tdor.info

Perth Pride Festival - November www.pridewa.com.au



# RESOURCES FOR SUPPORTING TRANS AND GENDER DIVERSE PEOPLE'S WELLBEING

### **GENDER MARKER CHANGE INFO**

- ► WA Births, Deaths and Marriages www.bdm.dotag.wa.gov. au/G/genderreassignment. aspx?uid=7098-3221-6062-1458 or for name change https://bdm.justice.wa.gov. au/C/changeofname.aspx
- WA Department of Transport
   Drivers licences and Photo ID cards
   www.transport.wa.gov.au/licensing/ change-my-gender.asp

- Australian Department of Human Services such as Centrelink and Medicare www.humanservices.gov.au/individua
  - www.humanservices.gov.au/individuals/ enablers/updating-your-gender-detailsus
- ► Australian Passports www.passports.gov.au/passportsexplained/how-apply/eligibilitycitizenship-and-identity/sex-and-genderdiverse-passport
- Australian Government Guidelines on the Recognition of Sex and Gender www.ag.gov.au/Publications/Pages/ AustralianGovernmentGuidelinsontheRecognitionofSexandGender.aspx

For the letters from Clinical Psychologists for WA Department of Transport, Aus Passports, Medicare and Centrelink, use the following template to ensure that the letter includes the necessary wording (especially the bolded sentence):

"This statement is written at the request and on behalf of [full legal name as well as any preferred name]. I, [practitioner name], am a fully registered clinical psychologist with the Australian Health Practitioner Regulation Agency (Registration Number: ...). I have a therapeutic relationship with [client] and have reviewed their history. [Client] identifies as [gender identity needed on identification documents] and [has been referred to commence hormone treatment/ is undergoing hormone treatment/ other info about medical transition]. A [correct gender marker X/ F/ M] gender marker on documentation would align with their gender identity."

#### **MEDICAL SERVICES**

YouthLink Gender Pathways Service

1300 362 569 / 08 9227 4300 youthmhtriage@health.wa.gov.au www.youthlink.perthwa.net 223 James St, Northbridge WA 6003

A free assessment service for trans and gender diverse young people 17 to 24 years old who are facing barriers to accessing other services to determine readiness for medical interventions (hormones/surgery) to address gender dysphoria.

#### **Homeless Health Care**

08 6260 2092

reception@homelesshealthcare.org.au www.homelesshealthcare.org.au Transitions Clinic, 8 Cambridge Street, West Leederville WA 6007

Primary Health Care for people who have experienced homelessness. They have experience supporting trans young people in their medical transition.

Or any other GP can make referrals to

## Royal Perth Hospital (RPH) Sexual Health Clinic (18+)

08 9224 2178

www.rph.wa.gov.au/Our-services/ Service-Directory/Sexual-Health Level 4, Ainslie House, 48 Murray Street, Perth WA, 6000

## Perth Childrens Hospital (PCH) Gender Diversity Service (u18)

08 6456 0202

PCH.PCLPGDS@health.wa.gov.au www.pch.health.wa.gov.au/Our-services/ Mental-Health/Gender-Diversity-Service Level 2, Perth Children's Hospital, 15 Hospital Avenue, Nedlands, WA 6009

#### **PRONOUNS**

Pronouns are basically words used to refer to a person (other than their name). When a trans person comes out they may have new pronouns they want to use. They, She and He are all examples of common pronouns. Some people also prefer less common pronouns. They, Xe and Ey are a few common gender neutral pronouns. They're basically pronouns that don't imply 'male' or 'female'.

There are lots of reasons it's important to use the correct pronouns a person prefers, but the simple answer is; it can make a person feel pretty bad when you use the wrong ones.

Some can sound a bit strange, and changing the words you use in general can be harder than expected, but making the effort can make a big difference.

- www.minus18.org.au/pronouns-app/
- www.youtube.com/watch?v= 3xpvricekxU
- www.practicewithpronouns.com
- www.facebook.com/TheyDayFirst-Wednesday

They Day is an event that aims to create awareness in gendered subject pronoun use and in particular non-binary and inclusive neutral they / them / their pronoun. They Day is a game. On every first Wednesday of the month you are invited to participate by;

- Wearing a DIY sticker/ badge
- Referring to everyone using only they / them / their pronouns. All day, as much as you can remember
- Meeting one new person and give them your name and your default pronoun
- Recruiting one new person for They Day

