

WHO WE ARE

Mission

PICYS is committed to working with young people in a non-judgmental and holistic way that fosters a belief in empowerment, integrity and collaboration, and which provides a safe and secure environment.

Youth work is a practice that places young people and their interests first.

Youth work is a relational practice, where the youth worker operates alongside the young person in their context.

Youth work is an empowering practice that advocates for and facilitates a young person's independence, participation in society, connectedness and realisation of their rights.

PICYS staff work under the WA Association of Youth Workers Code of Conduct

Vision

"Our vision for young people is that they will have the opportunity to make positive choices in their lives and realise their own potential".

Values

PICYS believes in:

Respect for all YOUNG PEOPLE and their individual differences.

Choices for YOUNG PEOPLE about their own lives.

Flexibility within service provision.

Holistic Services tailored to the YOUNG Person, which are inclusive of their families, partners, friends and environment.

Access to services on a non-discriminatory basis.

Collaborative Relationships with YOUNG PEOPLE and the community.

Concern for the Environment and environmentally sensitive living.

Donations

PICYS is a Public Benevolent Institution with Deductible Gift Recipient status with all donations over \$2 being tax deductible.

We appreciate your financial support.

C O N T A C T S

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PILLAR : 9380 4660

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OFFICE HOURS:

Monday to Friday

9am till 5pm



www.picys.org.au



PERTH INNER CITY YOUTH SERVICE ABN: 32 619 050 277

PICYS IS REGISTERED WITH THE AUSTRALIAN CHARITIES & NOT-FOR PROFITS COMMISSION

"Serving Young People since 1982"



PICYS workers provide a holistic, strength based, recovery focused approach with psychosocial support for young people accessing Household Network and the PILLAR service, as well as young people who frequent BaseCamp open drop in times.

HOUSEHOLD NETWORK

PH : 9388 2792

Household Network provides transitional supported accommodation in shared properties located in inner city suburbs for young people who are homeless or at risk of homelessness.

Household Network supports young people to enhance their...

- Emotional, physical and material well being
- Interpersonal relationships
- Personal development
- Self determination
- Social inclusion
- Rights

...as defined by the young person.

Young people are eligible for Household Network if they are:

- Aged between 16-25
- At risk of Homelessness or currently transient, coupled with any of the following:
 - o Current drug and/or alcohol issues
 - o Mental health issues
 - o Diverse sexuality and/or gender



PILLAR SERVICE PH : 9380 4660

PILLAR is a psycho-social support service for 15-20 year old young people who are experiencing mental health challenges coupled with other risk factors.

PILLAR is able to support these young people to:

- Address their complex personal and social issues
- Develop and/or re-establish family, social and community networks
- Be empowered to participate effectively in their own care planning
- Effectively access services according to their own Individual Support Plan
- Achieve a good quality of life in:
 - o Emotional, physical, material well being
 - o Interpersonal relationships
 - o Personal development
 - o Self determination
 - o Social inclusion
 - o Rights
- Identify early signs of relapse and help them with appropriate psycho-social support, and when appropriate, to access clinical services.

For a young person to be eligible for PILLAR they need to be:

- Aged between 15 – 20 years old (at commencement)
- Living in Perth inner metro area and intending to be a long term resident of WA
- At risk of homelessness or currently transient
- Seeing a mental health professional or willing to see one.
- Experiencing a other issues such as: risk of self-harm; suicidal ideation or attempts; anxiety or depression; impulsive behaviours; difficulty maintaining relationships; a diagnosed mental illness; misusing alcohol and or other drugs.

BASE CAMP Open, drop in!

Base Camp is a regular "open drop in" time allowing young people to catch up with PICYS staff and other young people in a safe and supportive environment. Base Camp activities include: Monday Brunch, art therapy, craft activities, Roar – musical sessions, health and wellbeing discussion, cooking and life skills development. Young people can also access a washing machine, shower, free personal hygiene supplies and donated foods from our open storage shelves during these times.

Base Camp aGender is a monthly drop-in time on a Saturday for trans and gender diverse young people who are experiencing homelessness and/or are disconnected from family. **Base Camp aGender** is facilitated by trans and gender diverse peers who are experienced and qualified support workers, facilitate a safe and supportive program for young people.

