

# BASE CAMP DROP IN & GROUPS

"A Place to Be and Become"

## OCTOBER 2024

SUN	MON	TUE	WED	THU	FRI	SAT
		1 Locus of Control	2 Drop-In 10-1 (Centrelink 11-1) Be Well 1-2:30	3 Tennis	4 Drop-In 10-1 Roar 11-1 Be Active 1-2:30	5 Basecamp aGender 12-3
6	7 Drop-In 10-1	8	9 <b>PICYS MENTAL HEALTH WEEK EVENT 10-2 NORTH PERTH TOWN HALL</b>	10 Lawn Bowls	11 Drop-In 10-1 Roar 11-1 Be Active 1-2:30	12
13	14 Drop-In 10-1	15 Emotions	16 Drop-In 10-1 (Centrelink 11-1) Be Well 1-2:30	17 Park games	18 Drop-In 10-1 Roar 11-1 Be Active 1-2:30	19 Be Social 12-3
20	21 Drop-In 10-1	22 Relapse & lapse	23 Drop-In 10-1 The SESH 1-2	24 River walk	25 Drop-In 10-1 Roar 11-1 Be Active 1-2:30	26
27	28 Drop-In 10-1	29 Stress	30 Drop-In 10-1 Be Well 1-2:30	31		