





City of **Perth** 









PICYS and partners wish to acknowledge the assistance of staff from all the agencies mentioned in this resource for providing the information included and responding to points of clarification and confirmation prior to the finalisation and distribution.

We acknowledge that any information can quickly be dated, and that individuals' experiences at services can vary.

We hope any future updated edition will include an increase in suitable, safe, secure, affordable accommodation and housing options for young LGBTIQ+ and gender diverse people.

Thank you to all the good people involved in the original development and updated versions

## ANDREW HALL PICYS CHIEF EXECUTIVE OFFICER



Produced by PICYS, 2019. Updated 2025. PO Box 1062, West Leederville, WA 6901 WWW.PICYS.ORG.AU

Design by Nadine Wright Toussaint

## **INDEX**

#### **HOMELESSNESS SERVICES**

PAGE 1 Crisis Short Term Accommodation Services

PAGE 2 Medium and Long Term Transitional Accommodation

PAGE 3 Support for Young People facing Homelessness

#### RESOURCES FOR SUPPORTING LGBTIQ+ YOUNG PEOPLE'S WELLBEING

PAGE 3 General support for LGBTIQ+ young people

PAGE 5 Support for families and carers of LGBTIQ+ young people

PAGE 6 Resources and Research

**PAGE 7** Significant Days or Events

## RESOURCES FOR SUPPORTING TRANS YOUNG PEOPLE'S WELLBEING

PAGE 8 Gender marker change info

PAGE 8 Pronouns

**PAGE 9** Medical Transition Services





We acknowledge the Aboriginal peoples as the traditional custodians of country throughout Australia and pay respect to them and their cultures, and the Elders past, present and emerging.

## **HOMELESSNESS SERVICES**

#### **KEY**



LGBTI – targeted accommodation support



Will respect identity and pronouns



Can provide single-person housing



Can provide multiple-person housing



Can provide two-person housing



Can provide single-person room in accommodation service



Supplies gender-neutral accommodation



Will put YP where they feel comfortable out of two gendered wings

## **CRISIS SHORT TERM** ACCOMMODATION SERVICES

#### YShac (Anglicare WA)



www.anglicarewa.org.au/get-help/ housing-and-homelessness/y-shac

Y-Shac Rockingham

- 08 9523 3400
- yshac.rockingham@anglicarewa.org.au

#### Y-Shac Spearwood

- 08 9412 0673
- vshac.spearwood@anglicarewa.org.au

Y-Shac assists young people aged between 15-20 years old who are homeless or at imminent risk of homelessness in crisis accommodation and 16 - 25 year olds who are in transitional housing.

#### **Youth Futures Diinda**





- 08 9300 2677
- www.youthfutureswa.org.au/ homelessness-services

Crisis accommodation service in Perth's northern suburbs for young people aged 15-19 who are experiencing homelessness or are unable to stay in their family home.

#### **RUBYS** (formerly Armadale Youth **Accommodation Service)**





- 08 9235 7043
- www.parkerville.org.au/what-we-do/earlyintervention-prevention-vouth-services/rubys

Ruby's is a free service helping young people 12-17 years, and their families to resolve conflict and improve relationships to prevent homelessness. They provide a safe accommodation option through this support. Ruby's provides 24-hour support and supervision from the fully qualified professionals on-site.

#### **Indigo Junction Youth Services**

- 08 9274 5382
- youth@indigojunction.org.au
- www.indigojunction.org.au

Indigo Junction offers a range of safe and supportive crisis and transitional housing options for young people between 15-25 years old.

#### **YASS**



08 9329 4480

Crisis accommodation for young people 15 - 18 years of age for up to 12 weeks. There are also two transitional units on site that provide supported accommodation to young people 16-25 years for up to 12 months.

#### Youth Futures TINOCA



- 08 9300 2677
- www.youthfutureswa.org.au/homelessness -services

Crisis accommodation service in Perth's northern suburbs for young people aged 15-19 who are experiencing homelessness or are unable to stay in their family home.

#### MEDIUM AND LONG TERM **TRANSITIONAL ACCOMMODATION**

#### **PICYS**







- 08 9388 2791
- info@picys.org.au
- www.picys.org.au
- 22 Blencowe St, West Leederville, WA 6007

Provides the HouseHold Network (HHN) and PILLAR programs to support young people experiencing homelessness. HHN provides medium to long term supported accommodation in the West Leederville and near by suburbs in housing for young people aged 16 to 25 who are at risk of homelessness or homeless. PICYS also offer Base Camp and Base Camp aGender – open drop-in times.

#### Foyer (Anglicare WA)



- ▶ 1800 185 685 or 08 6240 7200
- hello@foyeroxford.org.au
- www.foyeroxford.org.au
- 196 Oxford St, Leederville, WA 6007

Fover Oxford is a cutting edge youth housing service that offers medium to long term supported accommodation for young people aged 16 to 24 who are in full-time education, training or employment.

#### YES Housing (Anglicare WA)



- 08 9263 2009
- yeshousingduty@anglicarewa.org.au
- www.anglicarewa.org.au/get-help/ housing-and-homelessness/ves!housing

YES! Housing (Youth Externally Supported Housing) helps young people aged 15 to 25 who are homeless or at risk of homelessness to access and maintain stable, longer term housing with added support to develop independent living and tenancy skills. This is done through case planning and advocacy that is totally unique so young people are supported to achieve their goals.

#### **Youth Futures:**



**Transitional Accomodation Program (TAP)** 

08 9300 2677

intake@youthfutures.com.au www.vouthfutureswa.com.au/get-help/ homelessness-services

Youth Futures TAP offers housing and support to young people aged 16 to 25 in shared accomodation for up to 12 months. During this time they are visited regularly by a youth worker who helps them address their needs and plan for their future.

## SUPPORT FOR YOUNG PEOPLE FACING HOMELESSNESS

#### **Base Camp aGender at PICYS**

- 08 9388 2791
- ▶ info@picys.org.au
- www.picys.org.au
- ▶ 22 Blencowe St, West Leederville, WA 6007

A monthly drop-in space for trans and gender diverse young people who are experiencing homelessness. It's a place to be with peers and be themselves in a safe and supportive space.

#### **Passages Youth Engagement Hub**

- 08 9228 1478
- passages@svdpwa.org.au
- www.vinnies.org.au/wa/services-inwestern-australia/passages-youthengagement-hub
- ▶ 143 Edward Street, Perth, WA 6000

Passages is a youth engagement hub providing a non-judgemental safe space to our communities most marginalised and at risk young people in Perth and Peel. Young people aged 12 to 25 have a safe, friendly and positive place to access support and referrals to essential services

#### Street Connect (Anglicare WA)

- 0418 942 475
- www.anglicarewa.org.au/get-help/ youth-services/street-connect

During the day the Street Connect Mobile resource Centre is located in Perth CBD. Please call to find location on the day. Street Connect aims to make connections with marginalised young people 15-25 years old who gather regularly in public places, or are sleeping rough and engage them in positive life changes. The service is provided by a team of Youth Workers who provide daily outreach via the Mobile Youth Resource Centre (the Street Connect Outreach Bus).

#### YouthBeat (Mission Australia)

- 08 6212 8700
- vouthbeatwa@missionaustralia.com.au
- www.missionaustralia.com.au

Provides safety, information and guidance for young people at risk and connects them with local community services, family and peers through mobile outreach to young people in the Northbridge and inner city areas. Youthbeat can provide counselling and goal setting, and runs a recreation program for young people on Thursday and Friday nights.

## Zonta House Family and Domestic Violence (FDV) Support for LGBTIQ+ individuals

▶ specialist2@zontahouse.org.au LGBTQIA+ FDV Diversity and Inclusion Team aims to provide specialized case management support to LGBTIQ+ people experiencing family and domestic violence. Services include personalized case management, safety planning and risk assessment and connection to community resources.

## RESOURCES FOR SUPPORTING LGBTIQ PEOPLE'S WELLBEING

# GENERAL SUPPORT FOR LGBTIQ+ YOUNG PEOPLE

#### **Cockburn Youth Diversity Alliance**

- ➤ 08 9411 3888 youth@cockburn.wa.gov.au
- www.cockburn.wa.gov.au/City-and-Council/Events-and-News/Events-and-Workshops/Youth-Diversity-Inc
- 25 Wentworth Parade, Success, WA 6164 Provides a social support group of sexualities and genders ensuring the inclusion of all and is open to all LGBTQIA young people aged

15-24. The support group meets each Thursday night during school terms at the Cockburn Youth Centre, 6-8pm

#### Freedom Centre (under 26)

- 08 9482 0000
- freedomcentre@waac.com.au
- www.freedom.org.au
- ▶ 60a Frame Court, Leederville WA 6007

Freedom Centre provides peer support, information and referrals for LGBTIQ+ young people through their safe social drop-in space, retreats and other services. All sessions run 4pm - 7.30pm in person and 4pm - 8pm online. For current details of their serivces and drop in sessions go to their website.

#### Transfolk WA

- admin@transfolkwa.org.au
- www.facebook.com/TFolkWA
- www.transfolkwa.org.au

Transfolk WA provide a range of peer-led support and information services for gender diverse individuals and their families. They provide safe and inclusive spaces, social events and personal development opportunities for gender diverse people. Social spaces and support groups are usually held on the third Sunday of the month at Foyer. Private Facebook groups are available to connect with peers online.

Groups targeted through the social support services and online groups are trans women, trans men, non-binary folk, trans folk under 18 and parents and carers of trans folk. Transfolk WA also keep a detailed referral list for medical transition referral options.

#### Olife

- **1800 184 524**
- ask@qlife.org.au
- www.qlife.org.au

National telephone and web counselling service for LGBTIQ+ people and their supporters. Qlife exists to enable lesbian

lesbian, gay, bisexual, transgender and intersex communities to work towards better health, including mental health. Telephone and online support is available 3pm-midnight everyday.

#### YouthLink

- 1300 362 569 / 08 9227 4300
- youthmhtriage@health.wa.gov.au
- www.nmhs.health.wa.gov.au/Hospitals-and-Services/Mental-Health/Specialties/Youth
- YouthLink provides specialist mental health counselling, consultation, training and community development. They focus on enhancing the mental health and wellbeing of young people aged 13 24 that are marginalised and disadvantaged, particularly those experiencing insecure accommodation and are trans and gender diverse. YouthLink assists young people, experiencing difficulties with their emotional or social wellbeing. They are a free and confidential counselling service, with experienced support workers who are friendly, non-judgemental and understanding.

#### **COMMUNITY GROUPS**

There are also a range of community groups listed here:

www.outinperth.com/community-groups

#### **Bisexual+ Community Perth**

- bicommperth@gmail.com
- www.facebook.com/groups/bicommperth

A facebook group that is intended to be a safe place for people of all genders who are not gay or straight (we use bisexual as an umbrella term for that) to engage in respectful discussion, connect with people, and form community. They organise regular events and meet ups.

#### Headspace

www.headpsace.org.au

Information on mental health and LGBTI diversity, local LGBTQI groups (currently Pride Space in Rockingham, Our Place in Midland and hQ Space Joondalup) and

#### Intersex Peer Support Australia & Aotearoa (NZ)

- 0498 393 038
- ▶ info@isupport.org.au
- www.isupport.org.au

An intersex peer support, information and advocacy group for people born with variations in sex characteristics and their families.

#### Unique As at The Zone Youth Space

- 9236 4550
- zone@kwinana.wa.gov.au
- www.kwinana.wa.gov.au/our-services/ youth-services

Come along to our social group for LGBTQ+ young people. Hang out, meet new people, and get involved in the awesome activities. This FREE program is every Wednesday 4.25-5pm and suits ages 14-17. For more info, contact the Zone Youth Space.

#### **Rainbow Collective at the Base**

- 9479 5794
- belmont.base@ymcawa.org.au

A fun, inclusive, safe space to be who you are in Belmont. Fortnightly Wednesdays 4-6pm

#### Youth Pride Network

► www.youthpridenetwork.net WA's peak LGBTIQA+ youth advisory organisation who do advocacy, education, consultation reports and social events.

# SUPPORT FOR FAMILIES AND CARERS OF LGBTIQ+ YOUNG PEOPLE

#### **Freedom Centre**

- 08 9482 0000
- freedomcentre@waac.com.au
- www.freedom.org.au
- ▶ 60a Frame Court Leederville 6007

FC provides peer support, information and referrals for LGBTIQ young people (under 26) through their safe social drop-in space, and other services. Sessions run 4:00-7.30pm in person (4:00-8:00pm online) Open Wednesdays 5-8pm, Fridays 4-8pm and other times of the month.

## Intersex Peer Support Australia & Aotearoa (NZ)

- 0498 393 038
- info@isupport.org.au
- www.isupport.org.au

Intersex Peer Support Australia & Description (NZ) is an intersex peer support, information and advocacy group for people born with variations in sex characteristics and their families.

#### **PFLAG**

- 0439438192
- ▶ info@pflagwa.org.au
- www.facebook.com/pflagperth
- ▶ www.pflagaustralia.org.au/contact
  PFLAG Perth is a volunteer run, non-profit
  organisation in WA, providing a support
  system for families and friends of people
  who are lesbian, gay, bisexual, transgender
  or intersex (LGBTI), along with education and
  advocacy in the community. They offer phone
  peer support and support group meetings
  held every second month in West Perth.

#### Olife

- **1800 184 527**
- ask@qlife.org.au
- www.qlife.org.au

National telephone and web counselling service for LGBTIQ people and their supporters. Qlife exists to enable lesbian, gay, bisexual, transgender and intersex communities to work towards better health, including mental health. Telephone and online support is available 3pm-midnight everyday.

#### TransFolk WA

- admin@transfolkwa.org.au
- www.facebook.com/TFolkWA
- www.transfolkwa.org.au

Transfolk WA provide a range of peer-led support and information services for gender diverse individuals and their families. They provide safe inclusive spaces, social events and personal development opportunities for gender diverse people. Social spaces and support groups are usually on the third Sunday of the month at Foyer. Private facebook groups are available to connect with peers online. Groups targeted through the social support services and online groups are trans women, trans men, non-binary folks, T-Juniors and parents of trans folks.

#### RESOURCES AND RESEARCH

#### **Inclusive Data Collection**

- Igbtiqhealth.org.au/advocacyreports
- www.interaction.org.au/forms

#### Intersex

- www.interaction.org.au/allies
- www.interaction.org.au/forms
- www.interaction.org.au/style
- www.interaction.org.au/wp-content/ uploads/key/Employer-Guide-Intersex-Inclusion.pdf
- The primary research on intersex people in Australia:
  - www.interactadvocates.org/wp-content/uploads/2016/01/Intersex-Stories-Statistics-Australia.pdf
- ► Fixing Sex by Katrina Karkazis (book)
- ► Golden Boy by Abigail Tarttelin (book)
- Intersexion (film)
- Orchids: My Intersex Adventure (film)
- Intersex Peer Support Australia www.isupport.org.au

## LGBTIQA+ Housing & Homelessness Project

www.lgbtihomeless.org.au

Pride Foundation Australia (formerly the Gay and Lesbian Foundation of Australia) and University of Melbourne based research and resources - doing collaborative research and co-designed projects to address housing and homelessness in the LGBTIOA+ community.

#### LGBTIQA+ Inclusion

- www.lgbtiqhealth.org.au
- www.lgbtiqhealth.org.au/inclusive \_ language \_ guide

LGBTIQA+ Rights and inclusion
Australian Government Guidelines on the
Recognition of Sex and Gender

- www.ag.gov.au/rights-and-protections/ human-rights-and-anti-discrimination/ australian-government-guidelinesrecognition-sex-and-gender
- https://www.ag.gov.au/rights-and-protections/publications/australiangovernment-guidelines-recognition-sex-and-gender

#### **Rainbow Futures WA**

► www.rainbowfutureswa.com WA's LGBTIQA+ peak body who do consultation reports and advocacy.

Trans and gender diverse young people The primary research on trans and gender diverse young people in Australia:

www.thekids.org.au/projects/past/ trans-pathways/

### SIGNIFICANT DAYS & EVENTS

World Day of Social Justice – 20 February

www.un.org/en/events/socialjusticeday

Trans Day of Visibility - 31 March

www.transstudent.org/tdov

Lesbian Day of Visibility - 26 April

IDAHoBIT - 17 May

www.dayagainsthomophobia.org

Pan (Pansexual and Panromantic) Visibility Day - 24 May International Non-Binary Peoples Day - 14 July

Wear It Purple Day - 30 August

www.wearitpurple.org

Bisexual Visibility Day – 23 September

www.bivisibilityday.com

Bisexual Awareness Week – surrounding 23 September

LGBT History Month - October

www.lgbthistorymonth.com

International Pronouns Day -3rd Wednesday in October

www.pronouns.org/day

International Lesbian Day - 8 October

Coming Out Day – 11 October

Asexual Awareness Week - 20-26 October

www.aceweek.org

Intersex Awareness Day – 26 Octobe

www.intersexday.org

**Perth Pride Festival - November** 

www.pridewa.com.au

Intersex Day of Solidarity – 8 November

www.intersexday.org

Trans Awareness Week - 12-19 November

www.glaad.org/transweek

Trans Day of Remembrance - 20 November

www.minus18.org.au/articles/what-istrans-day-of-remembrance

World AIDS Day - 1 December

www.worldaidsday.org.au



## RESOURCES FOR SUPPORTING TRANS AND GENDER DIVERSE PEOPLE'S WELLBEING

#### **GENDER MARKER CHANGE INFO**

- ▶ WA Births, Deaths and Marriages www.wa.gov.au/organisation/ department-of-justice/the-registryof-births-deaths-and-marriages or for legal name and now also legal gender marker change www.wa.gov.au/service/ justice/civil-law/changing-your-name
- WA Department of Transport Drivers licences and Photo ID cards www.transport.wa.gov.au/licensing/ identity/change-my-gender
- ► Australian Department of Human Services such as Centrelink & Medicare www.servicesaustralia.gov.au/updatingyour-gender-details-with-us
- Australian Passports
   www.passports.gov.au/change-name or-gender
- ➤ Australian Government Guidelines on the Recognition of Sex and Gender www.ag.gov.au/rights-andprotections/human-rights-and-antidiscrimination/australian-governmentguidelines-recognition-sex-and-gender

For the letters from Psychologists for WA Department of Transport, Aus Passports, Medicare and Centrelink, use the following template to ensure that the letter includes the necessary wording (especially the bolded sentence):

"This statement is written at the request and on behalf of [full legal name as well as any preferred name]. I, [practitioner name], am a fully registered clinical psychologist with the Australian Health Practitioner Regulation Agency (Registration Number: ...). I have a therapeutic relationship with [client] and have reviewed their history. [Client] identifies as [gender identity needed on identification documents] and [has been referred to commence hormone treatment/ is undergoing hormone treatment/ other info about medical transition]. A [correct gender marker X/ F/ M] gender marker on documentation would align with their gender identity."

#### **PRONOUNS**

Pronouns are basically words used to refer to a person (other than their name). When a trans person comes out they may have new pronouns they want to use. They, She and He are all examples of common pronouns. Some people also prefer less common pronouns. They, Xe and Ey are a few common gender neutral pronouns. They're basically pronouns that don't imply 'male' or 'female'.

There are lots of reasons it's important to use the correct pronouns a person prefers, but the simple answer is; it can make a person feel pretty bad when you use the wrong ones.

Some can sound a bit strange, and changing the words you use in general can be harder than expected, but making the effort can make a big difference.

- www.minus18.org.au/pronouns-app/
- www.youtube.com/watch?v=

#### **MEDICAL SERVICES**

#### **Homeless Health Care**

- 08 6260 2092
- ▶ reception@homelesshealthcare.org.au
- www.homelesshealthcare.org.au
- ▶ Transitions Clinic 8 Cambridge Street West Leederville WA 6007

Primary Health Care for people who have experienced homelessness. They have experience supporting trans young people in their medical transition.

#### **MClinic's Gender Affirming Care Clinic**

- 08 9227 0734
- www.mclinic.org.au
- 20 Colin St West Perth WA 6005

Provide an informed consent approach to gender-affirming care with a referral from a GP.

#### PCH Gender Diversity Service (u18)

- ► 08 6456 0202 PCH.PCLPGDS@health.wa.gov.au
- www.pch.health.wa.gov.au/Ourservices/Mental-Health/ Gender-Diversity-Service
- ▶ Level 2, Perth Children's Hospital, 15 Hospital Avenue Nedlands WA 6009

#### RPH Sexual Health Clinic (18+)

- **08 9224 2178**
- www.rph.wa.gov.au/Our-services/ Service-Directory/Sexual-Health
- ► Level 4, Ainslie House, 48 Murray Street, Perth, 6000

#### **SHQ (Sexual Health Headquarters)**

- **(08) 9227 6177**
- ▶ info@shq.org.au
- www.shq.org.au
- ▶ 70 Roe Street Northbridge, WA 6003

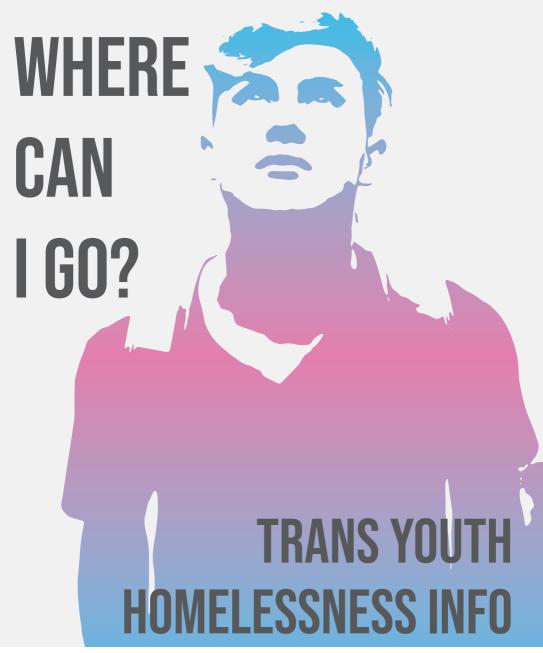
SHO is a non-profit provider of sexual health and relationship wellbeing services. Their services include STI testing and treatment, PrEP, gender affirming clinic, contraception information and supply, unintended pregnancy support, medical abortion, cervical screening, and a dedicated youth clinic (ages 14-19). Clinic appointments are low cost and Medicare rebates apply. They also offer affordable counselling in the area of sexual and relationship well-being. Their Sexual Health Helpline is a free service offering confidential support from nurses experienced in sexual health. SHQ is proud to be Rainbow Tick accredited and trans-friendly. Their services are trauma-informed and use the informed consent model

#### **YouthLink Gender Pathways Service**

- 1300 362 569 / 08 9227 4300
- youthmhtriage@health.wa.gov.au
- www.nmhs.health.wa.gov.au/
   Hospitals-and-Services/Mental-Health/
   Specialties/Youth
- 223 James St, Northbridge WA 6003

A free assessment service for trans and gender diverse young people 17 to 24 years old who are facing barriers to accessing other services to determine readiness for medical interventions (hormones/surgery) to address gender dysphoria.









City of **Perth** 







